

Ophelia's Last Word

CREATIVE BRAINS NEED FUEL. START YOUR DAY WITH THIS DELICIOUS CRUNCHY SCHOOL JUMBLE SO YOU CAN PRODUCE A MASTERPIECE!

WHAT YOU'LL NEED:

3 1/2 CUPS UNCOOKED OATMEAL (QUICK OR OLD-FASHIONED)

1/3 CUP CHOPPED PECANS (OPTIONAL)

1/2 CUP HONEY

1/2 TEASPOON CINNAMON

4 TABLESPOONS BUTTER OR MARGARINE, MELTED

1 TEASPOON VANILLA

1 CUP DRIED FRUIT

WHAT TO DO:

1. Ask an adult to preheat your oven to 350 degrees.
2. Mix oatmeal and pecans in a large bowl. Combine honey, melted butter or margarine, vanilla, and cinnamon in a small bowl.
3. Pour honey mixture over oats and nuts, and mix well. Spread evenly on a rimmed baking sheet.
4. Ask an adult to slide the pan into the oven. Bake for 30 to 35 minutes, or until golden brown, stirring every 10 minutes.
5. Ask an adult to take the pan out of the oven. Stir in the dried fruit. Cool completely and enjoy!

MAKES ABOUT 8 SERVINGS; TASTES TERRIFIC PLAIN OR SERVED WITH MILK OR YOGURT. YOU CAN STORE CRUNCHY SCHOOL JUMBLE FOR A WEEK IN A TIGHTLY-COVERED CONTAINER.

Love,
Ophelia